



INCUBATION POLICY

Illness	Incubation	Signs	Symptoms	Duration (Approx)	Isolate from Nursery (*)
Chickenpox	11-20 days	Vesicular spots	Itchy spots	10 days	Yes. For 5-8 days or after spots have scabbed.
Measles	6-19 days	Red rash from neck to trunk	Slight fever, feeling unwell	4 days before to 4 days after	Yes. For 4 days
Rubella	13-21 days	Pink rash on trunk	Sore throat, temperature	13 days before rash appears until 6 days after	Yes. For 5 days
Mumps	14-21 days	Very swollen glands	Sore throat, loss of appetite	4-5 days	Yes. For 5 days
Impetigo	Unknown	Small blisters	Yellow crust, skin red inflamed	While purulent lesions persist	When rash has cleared or 48 hrs after commencing antibiotic
Conjunctivitis	3-29 days	Weepy, blood shot eyes	Sticky red, swollen eyes	3-4 days	None if treated
Tonsillitis	2-4 days	Red swollen tonsils	Painful when swallowing, temperature	4-5 days	None- once treated
Croup	2-3 days	Red throat	Distinctive cough	3-4 days	Yes. For 5 days
Ear Infections	2-3 days	Swollen glands	earache	3-4 days	No- Once treated
Colds	2-3 days	Nasal congestion	Runny nose, headaches	3-4 days	None

Policy Adopted by St Pauls Walden Nursery
 Signature
 Signature
 Review Date

March 2017
 Position: Committee Chair
 Position: Manager
 March 2018

Diarrhoea	1-14days	Watery, frequent stools	Loss of appetite, stomach pains	Depending on person	Yes. 48 hours after last bout of diarrhoea
Sickness	1-14days	vomiting	Loss of appetite, pale, fever	Depending on person	Yes. 48 hours after last bout of sickness
Ringworm	1-2 weeks	Itching patch	Enlarging ring shaped rash	Until treated	None- Once treated
Head lice	Immediate	Lice or nits visible	Itchy scalp	Until treated	No- Once treated
Slapped Cheek	13-18days	Red rash on cheeks, fever	Fever		None
Hand, foot and mouth	3-5days	Blasters on palms, soles of feet and inside of mouth.	Blaster, cold like systems.	Up top 7 days	until ulcers have healed

(*) - Please be aware that these are approximate times and dates. If your child shows signs or has been diagnosed with any illness please speak to the Nursery Manager.

Responding to children who are ill or infectious.

All staff are responsible to promote good health of children attending St Paul's. If a staff member suspects a child may have any of the above, a reaction or allergy or a temperature (Please see Temperature Policy) they must inform the Manager, Deputy Manager and Third in Charge. The Manager or Deputy Manager will assess the illness and will notify the parents. If the Manager suspects the child may have an infectious illness, to prevent the spread of infection she will discuss with the parents to collect their child/children from the nursery and seek medical advice.

Once an infectious illness or any of the above are confirm with a medical professional the Manager will inform the parents of the incubation period from the nursery. All parents and /or carers will be informed of a confirmed case in the nursery by email and on the nursery notice board before entering the nursery. Environmental health and Ofsted will be informed if there is a large outbreak.

Policy Adopted by St Pauls Walden Nursery
 Signature
 Signature
 Review Date

March 2017
 Position: Committee Chair
 Position: Manager
 March 2018